

ARTICULATION Triple Tonguing

By now you will be familiar with the system of practising articulation. Little and often is the quickest way. To begin, here is a different exercise, though the exercise used for double tonguing is perfectly adequate too. This is the basic Study upon which Exercises 1–13 are built:

(after Reichert)

There are two opinions about the sounds to be used in triple tonguing: some suggest using double tonguing in triple time: 'T-k-t-T-k-t', which is the most common method. Others suggest 'T-k-t-K-t-k-t-k-t-k'. In fact, both have their uses and you are advised to practise both methods, although the first method more frequently as it will be more useful.

Take a look at these points. They will save you time:

- · Practise both kinds of triple tonguing without the flute, such as when walking.
- · Tongue forward. In the long term, it will give you the best result and be clearer and neater.
- · Remember that an articulation exercise is a tone exercise.
- The use of both tongue and breath (air speed) differ in loud and soft playing so remember to practise both.
- Increase the speed regularly. Use a metronome; your memory of yesterday's tempo may not be reliable.
- Practise a little and often.

